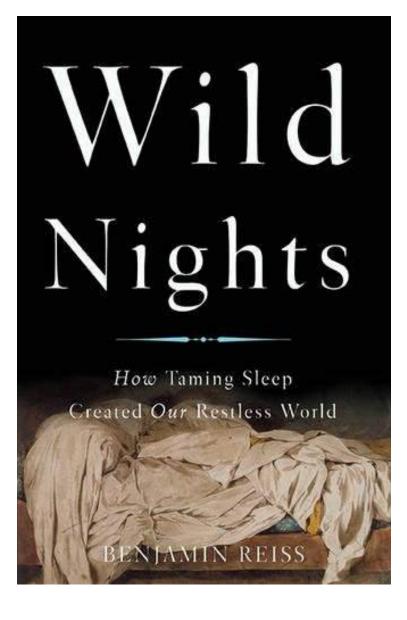
## Wild Nights: How Taming Sleep Created Our Restless World



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